Ball Junior High 7th Grade Elective Course Descriptions 2019-2020

0110-Art 1: year-long course

In this year-long class you will learn how to draw and paint and improve your art skills. You will build sculptures and learn about and create different types of art. If you love art, or are interested in learning how to be a better artist, this is the class for you.

4100-Band 1: year-long course

Learning to play an instrument is not only fun, but can help you get better at reading and math. In band there will be opportunities to participate in concerts and field trips. After being introduced to all the band instruments, students will choose one and learn to play. No experience is necessary and there are a limited number of school-owned instruments available to students at little or no cost. Students who want to excel, should take this in 7th grade. Don't wait until 8th grade.

4010-Beginning Choir 1: year-long course

Students will be instructed in basic musicianship and fundamental vocal techniques using introductory singing materials. No prior experience in singing is required, but enthusiasm and willingness to try new things is encouraged. Students will explore music together in a group setting, singing some music that they may know and music and techniques that they are learning for the first time. Students will sing both unison music and music with simple harmonies. This is a performing group, and as such, attendance at all rehearsals and performances are required.

1420-Drama 1: year-long course

In this class you will learn to play many improvisation games that will help you become a better speaker and presenter. If you are shy, don't worry! No experience needed! We will work together to help you become more confident and comfortable speaking to a group of people! Students will also participate in Theatre productions and perform in an assembly!

1415*-Memory Book: year-long course

In this class, students will prepare and produce the school yearbook. Students learn to budget expenses, plan the book, create the layouts and artwork, and take photographs.

4600-MESA: year-long course



MESA is a year-long, project-based class designed to push the limits of your thinking and help you practice attention to detail, patience, and perseverance. Be prepared to work with a team to think, try, fail, try again, and overcome challenges like true engineers. This class promotes and empowers students to engage in creative thinking to solve real problems faced by civil, mechanical, aeronautical, and computer engineers. If you enjoy a challenge and competition, then MESA is the class for you. Scan the code to see some of our projects!

2167-Spanish for Spanish Speakers 1P (Prerequisite: fluent Spanish speaker): year-long course

This class is for students who already speak the Spanish language. A major emphasis will be placed on Spanish literacy. Students will experience extensive study in reading, writing, listening and speaking skills. This class counts toward one year of the college/university requirement for foreign language and will also help the student to work toward the "Seal of Bi-literacy" for the AUHSD.

5009-College and Career Readiness (CCR) Wheel: year-long elective, each class is one quarter (9 weeks)



This Course is designed to assist students in obtaining accurate health information, developing lifelong positive attitudes and behaviors, and making wise decisions related to their physical, mental, and social health. The course will include personal and community health; mental, emotional and social health; injury prevention and safety; nutrition and physical activity; alcohol, tobacco, and other drugs; growth, development, and sexual health. This course satisfies the requirements of the California Healthy Youth Act.

Business Technology

In this class, students will learn how to TYPE (keyboard the letters without looking) and how to make pictures with Photoshop. Student will also become experts using Google Docs, Sheets and Slides. Finally, students will create 2D animations and begin Coding. When student finish this class, they will be READY for high school, college and career.

Exploratory Home Economics

The culinary elective wheel provides students with the opportunities to practice creativity and use their imaginations. It's a great chance for students to express themselves and enjoy their creations. Students will explore the secrets of creating ice cream without machines and work as a team during a junior chef challenge.

AVID Awareness

This is an introductory class where students are provided academic and motivational support to achieve success in college prep classes. Students learn the writing, language and collaborative problem-solving skills necessary for success in college and life. Tutoring assists AVID students individually and in study groups.