

SCHOOL COUNSELING CORE CURRICULUM ACTION PLAN

Grade Level	Lesson Topic	ASCA Domain and Mindsets & Behaviors Standard(s)	Curriculum and Materials	Projected Start/End	Process Data (Projected number of students affected)	Perception Data (Type of surveys/assessments to be used)	Outcome Data (Achievement, attendance and/or behavior data to be collected)	Contact Person
8th	From Goals to Reality: My 8th Grade Game Plan (SMART Goals Part 2) Lesson Plan	Behavior: B-LS1, B-LS7 Mindset: M5	SMART Goals Worksheet SMART Goals Review + Upgrade, Action Plan Worksheet	September	All 8th	Exit Ticket Goal Confidence Survey Parent Presentation Flyer	Q1 grades + missing assignments	Torres
8th	Coping Strategies Stress Management Lesson Plan	Mindset: M1, M2 Behavior: B-LS1, B-LS3	Stress management presentation Coping strategies handout Campus support resources list Grade tracker & goal reset sheet	August	All 8th	Pre/Post Stress management survey measuring: Student stress awareness, Knowledge of coping strategies, Confidence in handling academic pressure	Q1 grades, attendance (first 4 weeks) Student self-reported stress levels	Torres
8th	Own Your Future: Your Choices Today= Your Life Tomorrow Lesson Plan	Mindset: M1, M4 Behavior: B-SMS1, B-SMS2	Future self visualization activity (UP theme) Balloon/Vision board activity Career reflection worksheet	October	All 8th	Reflection activity Student motivation toward future goals, Career interest awareness, Personal responsibility for choices	Student engagement data, Classroom participation, Behavior referrals	Torres

8th	Your Road to Graduation: 6-Year Plan, A-G & Career Pathways Lesson Plan	Mindset: M2, M4 Behavior: B-LS7, B-LS9	A-G requirements presentation Course selection sheets CTE pathway information 6-year planning template	November	All 8th	Student survey measuring: Understanding of A-G, requirements, Awareness of career pathways, Confidence selecting high school courses	Completion of course selection forms Student participation in pathway discussions	Torres
8th	Feeling Confident & Connected Lesson Plan	Mindset: M5 Behavior: B-LS8, B-LS3	Grade reflection sheet Academic intervention plan Homework Help information (Room 8)	December	All 8th	Self-evaluation survey measuring: Academic confidence, Help-seeking behavior, Connection to school supports	D/F reduction, missing work. Decrease in missing assignments	Torres
8th	6 Year Plan Lesson Plan	Mindset: M2, M4 Behavior: B-LS7	4-year high school plan template Graduation requirement overview High school planning worksheet	January	All 8th	Student understanding survey: Graduation requirements, High school planning knowledge	Completion of 4-year plan	Torres
8th	Loara Counselors - Registration/Course Selection Freshman Course List	Behavior: B-SMS6, B-SMS7 Mindset M1	Coping Skills Toolbox Stress Plan Worksheet	February	All 8th	Pre/Post coping skills survey	Behavior referrals, attendance	Torres

8th	Transcript Review and High School Graduation Lesson Plan	Mindset: M3 Behavior: B-SS2, B-SMS4	Transcript review activity Graduation scenarios Role-play decision making activity	March	All 8th	Decision-making confidence survey	Behavior incident tracking, Student understanding of graduation progress	Torres
8th	Navigating High School: Your Next Adventure Lesson Plan	Behavior B-SS1, B-SMS2 Mindset M1, M2	Reflection Project "Legacy Wall" activity High school transition discussion	April	All 8th	Student reflection writing	Student engagement and participation	Torres

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